

Routine EEG

Patient Instructions

“EEG” is an abbreviation for electroencephalogram. The test involves gluing or pasting small metal cups called electrodes to your scalp to record and monitor brain waves. The test is painless. Your brainwaves are monitored while you are awake or asleep.

The test will take about 1 ½ to 2 hours.

Please follow these Instructions to obtain the best test results:

1. Please arrive 15 minutes before your scheduled time.
2. Please wake up at least two hours before your scheduled test time.
3. Please do not consume caffeine the morning of the test.
4. Please eat a full meal before coming to the EEG Lab
5. Please come to the test with clean, dry hair. Please do not use hair gels, hairsprays, or lotions in your hair. If you have hair extensions, pieces or wigs; please make sure they are easy to remove.
6. Please wear comfortable clothes. During the test you will be lying on a bed in the EEG lab.

Parking

You may park in the parking lot behind the Memphis Professional Building, 1211 Union Avenue; the entrance to the parking lot is on Bellevue. Please bring your parking ticket in with you and we will validate it for you at the front desk.

Rescheduling

If you cannot keep your appointment, please call Wesley Neurology at (901) 725-8920, between 8:30am – 4:30pm, Monday through Friday.

Test Results

Your ordering physician will set up a follow-up appointment with you to discuss your EEG results with you at a later date. If this has not already been done for you, you may schedule your follow-up appointment after your EEG at the front desk.